DISTRIBUTION REQUEST FORM FOR SEPARATION OF EMPLOYMENT

Plan Name:			
Please Print			
Participant Name:			
Address:			
Street			
City		State	Zip
Date of Birth:			
Date of Hire			
Social Security #			
Married Single	_		
Date of Separation from Employer:		Due to:Termination of EmploymentRetirementDeath	
Hours Worked in Plan Year of Sepa	ration:		
Date	Trustee Signature		

Fax to Omega, Inc., 315-449-4148